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## HUMANISTIC ETHICS: AN UNDERSTANDING OF ERICH FROMM'S PERSPECTIVES

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## **Abstract**

This paper deals with Erich Fromm's humanistic ethics to guide individuals towards authentic and harmonious living with others and the world. His humanistic ethics remains relevant in contemporary discussions on moral philosophy, psychology and social issues. He argued that ethics should be grounded in human's existential needs and the development of one's inherent capacities, rather than in external authorities or traditional moral codes. He emphasizes on the intrinsic value of human life, the importance of personal freedom and the need for a loving and sane society continues to inspire those seeking to build a more humane and ethical world. Fromm views that "having mode of existence" is centered on possession and control leading to alienation and dissatisfaction; while the "being mode of existence" focuses on authentic experience, creativity and connection with others leading to a more meaningful and fulfilling life. Fromm extends the concept of "love" beyond personal relationships to include a broader sense of compassion and solidarity with humanity. He argues that genuine love, the expression of positive freedom, requires respect for others' individuality and a sense of responsibility for their well-being.

**Keywords**: Love, authenticity, alienation, solidarity, having and being, positive freedom